

CHARACTERISTICS OF THE SUPPORTER PERSONALITY STYLE

GIFTS: What you are good at

- Communication
- Creativity
- Listening
- Sincerity
- Helping
- Sympathetic
- Seeing the best in others
- Intuition

NEEDS: What you need to be content

- Harmony
- Acceptance
- Understanding
- Love & affection
- Creative outlet
- Interaction & inclusion
- Appreciation
- To contribute

JOYS: What makes you happy

- Helping
- Family
- Friendship
- Music & art
- Affection & romance
- Using imagination
- Sharing
- Self-development

STRESSORS: What frustrates or stresses you

- Conflict & disharmony
- Saying NO
- Rejection or criticism
- Time limits
- Lack of individual expression
- Isolation
- Lack of affection & touch
- Insincerity
- Aggressive people

VALUES: What is important to you

- Honesty
- Friendships
- Sensitivity
- Personal growth
- Compassion
- Intimacy
- Nature
- Patience

CORE VALUE: Relationships